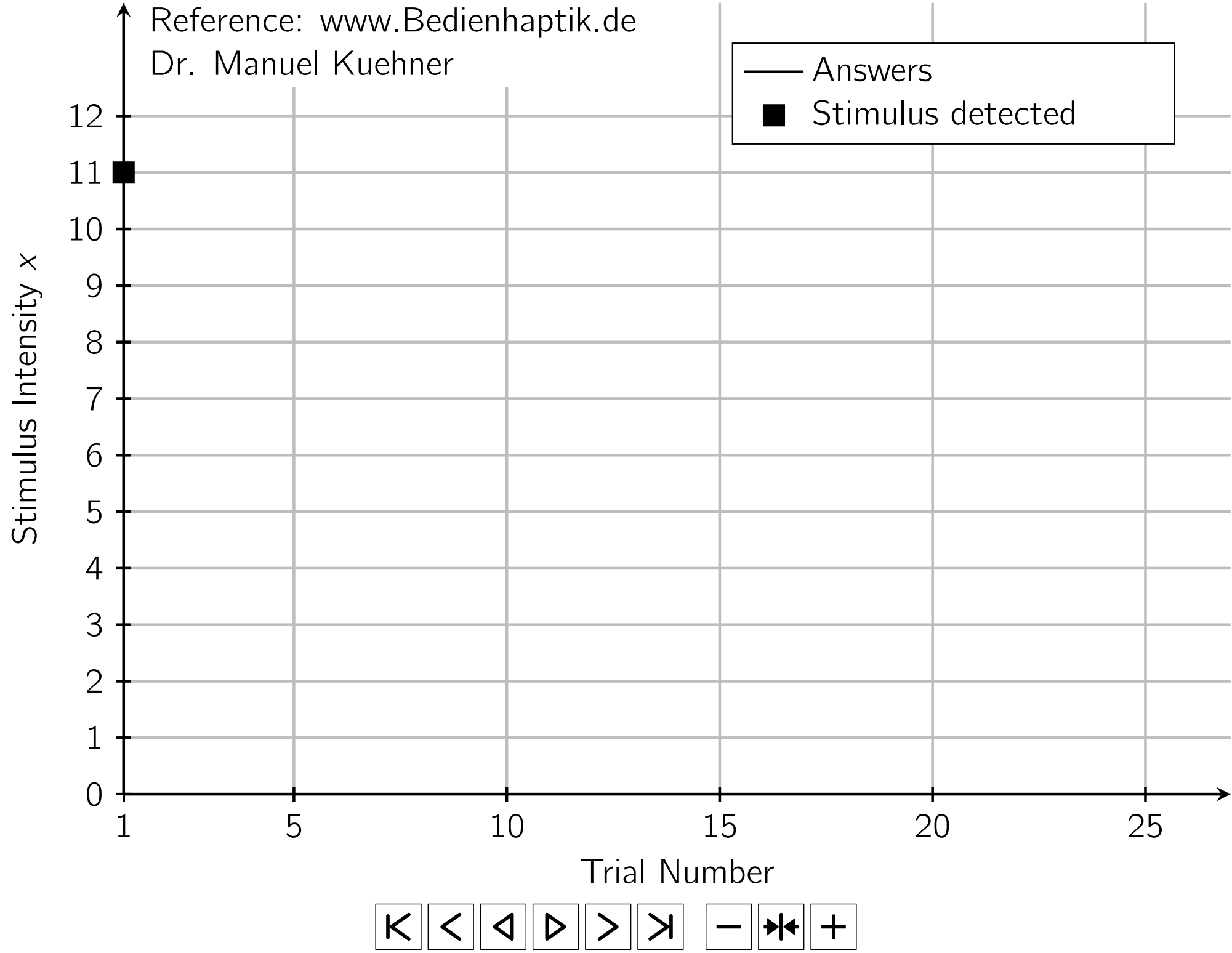
Transformed Up-Down Method (1 up/2 down rule)

using the simple up/down rule until the first (neglected) reversal